

Room Parents:

Kristal Ferchau
Liz Mena
Alisa Wittkop

Teachers:

Susan
Jessie

HeronS

**2025
- 2026**

Hérons: 2025 - 2026



Hérons (Grade 8)

Revansh
Agrawal



Hérons (Grade 8)

Sahana
Bhashyam



Hérons (Grade 8)

Varenya
Dalal



Hérons (Grade 8)

Ayelet
Dickman



Hérons (Grade 8)

Matti
Donhowe



Hérons (Grade 7)

Beckett
Federmeyer



Hérons (Grade 7)

Emma
Firstenberg



Hérons Grade 7

Ozzy
Hockin



Hérons (Grade 7)

Sophia
Lew



Hérons (Grade 7)

Julian
Mená



Hérons (Grade 8)

Naomi
Ng



Hérons (Grade 7)

Max
Nguyen



Hérons (Grade 8)

Daniel
Pflederer



Hérons (Grade 7)

Pia
Ram



Hérons (Grade 8)

Barak
Sela



Hérons (Grade 7)

Hannah
Vu



Hérons (Grade 7)

Andy
Wu



Hérons (Grade 8)

Rayna
Xu



Hérons (Grade 8)

Sarai
Zayet



Hérons (Grade 8)

Isadora
Zhao

Susan Cho

Herons (7/8) Humanities



My summer smorgasbord has included explorations of my new home (here, in the Bay!), my old home (back in LA), and places my heart calls home (little nature escapades). Here's a little snippet of the views I've been able to enjoy!



Jessie Caines

Herons (7/8) Science & Passion Projects

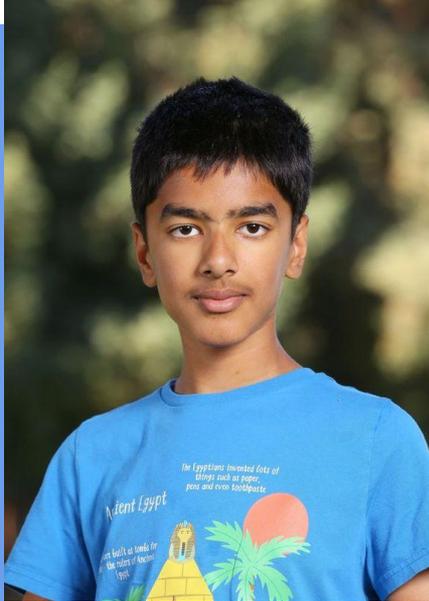


TBD



Reyansh Agrawal

Grade 8



Fun Facts:

- Reyansh had a great summer.
- He read *The Martian* by Andy Weir and played a lot of chess.

Reyansh's Family

Dheeraj (Dad), Reyansh, Harshita (Mom)



Say Hello!

dheeraj.agrawal@heliosschool.org,
harshita.goyal@heliosschool.org

Helios

Sahana Bhashyam

Grade 8



Fun Facts:

- I like to do gymnastics and play volleyball.
- I play the piano and flute.
- I enjoy crocheting.

Sahana's Family

Adi (Dad), Sahana (Heron),
Deepa (Mom), Sanjana (Ospreys)



Say Hello!

aditya.bhashyam@heliosschool.org,
deepa.sethu@heliosschool.org

Heron's

Varenya Dalal

Grade 8



Fun Facts:

- Varenya, an animal lover, finds joy in ballet and volleyball.
- She also cherished the school camping trips organized by Helios.
- In her free time, she indulges in reading, crocheting, crafting, and watching TV.

Varenya's Family

Jinal (Dad), Vallabhi (Mom),
Nirvaan (brother)



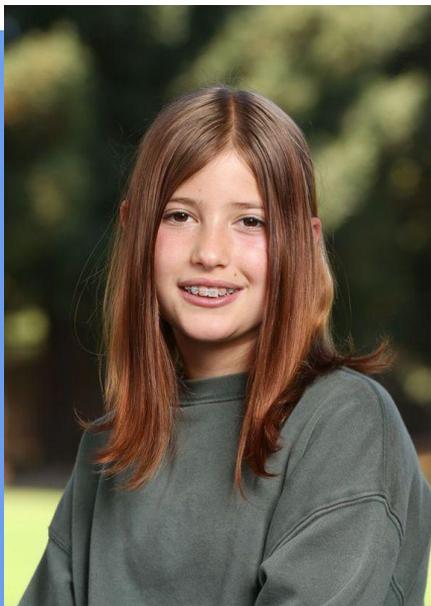
Say Hello!

jinal.dalal@heliosschool.org,
vallabhi.parikh@heliosschool.org

Helios

Ayelet Dickman

Grade 8



Fun Facts:

Ayelet's Family

Hagar (Mom), Michael (Dad),
Ayelet, Uri (brother), Lydia (Uri's
partner), Shai (brother), Tal
(brother)



Say Hello!

hagar.dickman@heliosschool.org,
michael.dickman@heliosschool.org

Herons

Matti Donhowe

Grade 8



Fun Facts:

- I'm really into Scouts! Right now, I'm a Troop Guide, which means I get to help new Scouts learn important skills.
- I love LARP and D&D. So far, I've only played Fanwar, but I'm excited to try the Falnorian system at Helios.
- Space and physics are super interesting to me. Neil deGrasse Tyson is one of my favorite scientists. One cool thing I did this summer was tour SLAC.
- I also like reading queer romance novels when I have free time.

Matti's Family

Caitlin (Mom, she/her), Kris (Dad, he/him), Matti (Heron, they/them), Risa (Condor, she/her), Harold (exceptionally good boy)



Say Hello!

caitlin.donhowe@heliosschool.org,
kris.donhowe@heliosschool.org

Heron's

Beckett Federmeyer

Grade 7

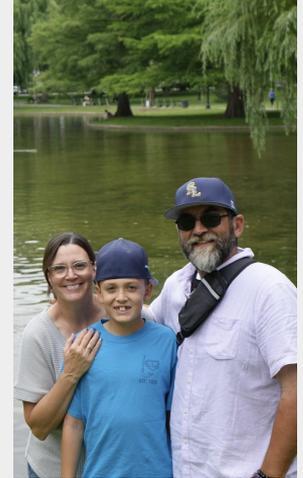


Fun Facts:

- This summer I played in a week long baseball tournament in Cooperstown, NY.
- I also had a great time visiting New York City and Boston with my parents and teammates.

Beckett's Family

Crystal (Mom), Beckett, Jason (Dad)



Say Hello!

jason.federmeyer@heliosschool.org,
crystal.gilfillan@heliosschool.org

Herons

Emma Firstenberg

Grade 7



Fun Facts:

- I love Aerial Silks
- My favorite books are of historical fiction genre
- P.S. "life's a circus" -Emma

Emma's Family

Yana (Mom), Eyal (dad), Itai (Brother - alum), Emma (Heron), Tom (Hawks)



Say Hello!

eyal.firstenberg@heliosschool.org,
yana.firstenberg-godin@heliosschool.org

Heron's

Ozzy Hockin

Ozzy's Family

Grade 7



Fun Facts:

- This summer I went to South Korea to visit my grandparents.
- We visited (Seoul, YeCheon, Gyeongju, Busan, JeonJu).
- Then we went to Japan (Tokyo, Kyoto and Osaka).
- I also took a trip down to San Diego for Comic Con.
- I took a futsal and swimming class.
- I also did a Glassworking and Woodworking summer class as well.
- I like to play board games and video games.
- I enjoy math and puzzles as well.

Ozzy (Heron), Tim (Dad), John (10th Grade), Nan (Mom)



Say Hello!

nan.hockin@heliosschool.org
tim.hockin@heliosschool.org

Heron's

Sophia Low

Grade 7



Fun Facts:

Sophia's Family

Jenny (Mom), Sophia, Alex (Brother)



Say Hello!

janet.tseng@heliosschool.org,
jenny.tseng@heliosschool.org

Herons

Julian Mena

Grade 7



Fun Facts:

- I read the entire Harry Potter series over the summer.
- I like math.
- I like turtles.
- I like dogs.
- I like video games.

**Julian's
Family**

Grandma, Marco, Marco (Dad),
Liz (Mom), Julian



Say Hello!

elizabeth.mena@heliosschool.org,
marco.mena@heliosschool.org

Helios

Naomi Ng

Grade 8



Fun Facts:

- Likes creative writing, theater, choir, drawing

Naomi's Family

Yang (Mom), Naomi, Jasper (Brother), Mason (Dad)



Say Hello!

mason.ng@heliosschool.org,
yang.chu@heliosschool.org

Herons

Max Nguyen

Max's Family

Grade 7

Fun Facts:



- I spent most of my summer visiting and vacationing with family and friends.
- I participated in several summer camps, including at Helios as a volunteer counselor. I also did one week at a sleepover camp, Kennolyn in the Santa Cruz Mountains.
- My favorite movie this summer was F1.
- In my free time, I swim for the Quicksilver Swim Team in San Jose, specializing in sprint and middle distance free, and individual medley.
- I also enjoy gardening with my dad and grandfather, and take hip hop dance classes.
- I have a passion for aviation and aeronautics, and like to design and prototype nerf modifications.
- **Fun Fact:** I vacationed in Cabo, where I came just shy of drinking 20 piña coladas in 4 days.

Martin (Dad), Kristal (Mom), Max



Say Hello!

martin.nguyen@heliosschool.org,
kristal.ferchau@heliosschool.org

Helios

Daniel Pflederer

Grade 8



Fun Facts:

- My family and I visited Colorado this summer.
- We went white water rafting (level 4 rapids), rode horses, went to the Florissant Fossil beds, saw a troll, and I summited the Manitou incline (2000 elevation rise in one mile with 2700 steps) in an hour.
- I went backpacking with Helios twice and made many great memories.

Daniel's Family

Elaine (Mom), Daniel, Bob (Dad)



Say Hello!

bob.pflederer@heliosschool.org,
elaine.tse@heliosschool.org

Helios

Pla Ram

Grade 8



Fun Facts:

- I am a competitive dancer and I enjoy hanging out with my friends.

Pia's Family

Pia, Anu (Mom), Ram (Dad), Sid (Brother)



Say Hello!

ram.balasubramanian@heliosschool.org,
anu.ramesh@heliosschool.org

Herons

Barak Sela

Grade 7



Fun Facts:

- This summer, I did many things. To kickstart the break, my grandparents flew in from Israel and we went to Pismo Beach for my basketball tournament.
- I did many camps such as a basketball camp (which is one of my top hobbies if that wasn't apparent), an overnight AI camp in Reno, Mike's backpacking camp, and I helped at some Helios camps.
- My aunt and cousins also visited from Israel later into the summer and we took a week-long trip to Yosemite where the best view was Taft point.
- My favorite hobbies are: basketball, playing video games, playing piano, and reading.

Barak's Family

Barak, Yael (Baby sister), Shuli (Mom), Nili (Sister), Assaf (Dad), Guri (Dog, not in the picture)



Say Hello!

assaf.sela@heliosschool.org,
shuli.zilberfarb-sela@heliosschool.org

Helios

Hannah Vu

Grade 7



Fun Facts:

hi i'm hannah!

some of my favorite things are:

- volleyball
- musical theater
- piano
- dance

Hannah's Family

Amanda (mom), Hannah (Heron), Emmy (youngest sister), Leah (middlest sister), Dan (dad).
Not pictured: adorable rescue pup, Charlie



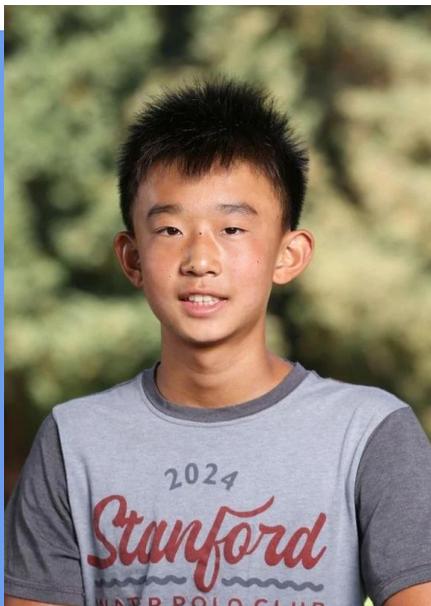
Say Hello!

amanda.vu@heliosschool.org,
daniel.vu@heliosschool.org

Heron's

Andy Wu

Grade 7



Fun Facts:

- I love to play water polo and like to read.

**Andy's
Family**

Iris (Mom), Anna (Sister), Andy,
Chris (Dad)



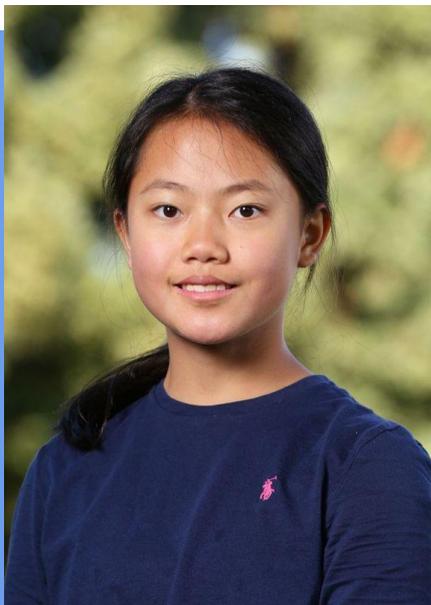
Say Hello!

chris.wu@heliosschool.org,
iris.liu@heliosschool.org

Herons

Rayna Xu

Grade 8



Fun Facts:

- Visited 7 cities in China during summer break.
- My favorite book is Heartless, by Marissa Meyer.
- I like drawing, camping, and skiing.
- Fun facts: I sometimes sleep walk.

Rayna's Family

Bin(Dad), Rayna, Jiao (Mom)



Say Hello!

bin.xu@heliosschool.org,
jiao.liu@heliosschool.org

Herons

Saral Zayet

Grade 8



Fun Facts:

- Spent the summer in Egypt and Greece.
- Enjoys volleyball, piano and anime.

**Saral's
Family**

Saral (Heron), Lindsay (Mom), Shady (Dad), Zain (brother)



Say Hello!

shady.zayet@heliosschool.org,
lindsay.stein@heliosschool.org

Heron's

Isadora Zhao

Grade 8



Fun Facts:

- Izzie enjoys spending time with her sisters.
- Her hobbies include baking, reading, and painting.
- Volleyball and soccer are her favorite sports.

Isadora's Family

Lu (Mom), Isadora, Audrey (sister), Zoe (sister), Jerry (dad)



Say Hello!

jerry.zhao@heliosschool.org,
lu.xu@heliosschool.org

Helios