



Day in the Life

- Every day starts with a Morning Circle: Students greet one another, read a morning message, share about their interests and passions, and prepare for the day ahead
- After Morning Circle, students split off into Literacy groups (see more in the Literacy/Lit Club section)
- Elementary school has math at the same time (see more in the Math section)



Day in the Life

- After Math, students head to recess and snack where they continue to build on their friendships and start their own clubs!
- Mindfulness is an important part of our day. Students spend about ten minutes resetting before the beginning of Theme through various breathing/mindful exercises
- Theme is a combination of social studies, writing, science, and reading skills
- Students participate in various Specials classes in the afternoon that include PE, I-Lab, Library, and other specials



Essential Skills

- Independently be able to follow the schedule and checklists
- Be equipped with coping mechanisms
- Understand the Size of the Problem and the Zones of Regulation
- Identify all of the alphabet
- Appropriate pencil grip



How We Prepare Students

- Increasing students' independence
- Increase students' self-awareness and understanding of one self and one's reactions
- Increasing students' awareness of different cultures, perspectives, and social problems, and positive action
- Technology is sometimes provided for students during Theme work to provide support or work on projects

EVERY DAY
IS A GOOD
DAY TO
LEARN.



Navigation

